



Patient Version

MICHIGAN NEUROPATHY SCREENING INSTRUMENT and 10-gram Filament Exam

A. Neuropathic History (To be completed by the person with diabetes)

Please take a few minutes to answer the following questions about the feeling in your legs and feet. Check yes or no based on how you usually feel. Thank you.

numb_scrn 1.	Are your legs and/or feet numb?	1 🗖 No	2 Ves
burning_scrn 2.	Do you ever have any burning pain in your legs and/or feet?	1 🗆 No	2 Ves
sensitive_scrn3_	Are your feet too sensitive to touch?	1 🗆 No	2 Ves
cramps_scrn 4.	Do you get muscle cramps in your legs and/or feet?	1 🗆 No	2 Ves
prickling_scrn5.	Do you ever have any prickling feelings in your legs or feet?	1 🗆 No	2 Ves
bedcovers_scrn6.	Does it hurt when the bed covers touch your skin?	1 🗆 No	2 Ves
hotcold_scrn 7.	When you get into the tub or shower, are you able to tell the		
	hot water from the cold water?	1 🗆 No	2 Ves
opensore_scrn 8.	Have you ever had an open sore on your foot?	1 🗆 No	2 Ves
9. tolddiabetic_scrn	Has your doctor ever told you that you have diabetic neuropathy?	1 🗆 No	2 Ves
10.	Do you feel weak all over most of the time? feelweak_scrn	1 🗆 No	2 Ves
11.	Are your symptoms worse at night? worsenight_scrn	1 🗆 No	2 Ves
hurtwalk_scrn ₂ .	Do your legs hurt when you walk?	1 🗆 No	2 Ves
13.	Are you able to sense your feet when you walk? sensewalk_scrn	1 🗆 No	2□ Yes
drycrack_scrn 14.	Is the skin on your feet so dry that it cracks open?	1 🗆 No	2□ Yes
15.	Have you ever had an amputation? amputation_scrn	1 🗆 No	2 Ves

Public reporting burden of this collection of information is estimated to average 10 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0904).

NEUROPATHY SCREENING INSTRUMENT

B. Physical Assessment (To be completed by the study personnel)

1.	Appearance	of Feet					
appearan	ceright_SCRN	Right Foot			L	eft Foot appearancel	eft_SCRN
	a. Normal	$1 \square \text{No} 2 \square$	Yes		Normal 1	□ No 2□ Yes	
	b. If no, che	eck all that apply:			If no, check all the	nat apply:	
deformitiesright_SC	RNDeformities	Ľ] ₁ d	eformitiesleft_SCRN		\Box_1	
callusright_SCRN	Dry skin, cal	lus 🛛] 1		Dry skin, callus	\Box_1	
infectionright_SCR	N Infection	Ľ	1	infectionleft_SCRN	Infection		
fissureright_SCRN	Fissure	C] 1	fissureleft_SCRN		\Box_1	
appearotherright_SC	CRNOther	C		ppearotherleft_SCRN			
	specify:		appear	cotherleftspec_SCRN	specify:		
appearotherrightspe	ec_SCRN						
Right Foot			Left Foot				
2. U	lceration	A.1 (D (A 1		
ulce	rright_SCRN	Absent \Box_1	Present \square_2	ulcerleft_SCRN	Absent \Box_1	Present $\square 2$	
		f	ilimentleft_S0	CRN			
	nkle Reflexes						
reflexright_SCR	N Present	Present/ Reinforcement	Absent	reflexleft_SCRN Present	Present/ Reinforcement	Absent	
	\square_1	\square_2	\square_3	\square_1	\square_2	\square_3	
		— -		<u> </u>	— 2		
4 17	ihanti na annant	ion of the support to	*				
	erceptionright_S	ion at the great to	je.	perception	nleft_SCRN		
P	Present	Reduced	Absent	Present	Reduced	Absent	
	\Box 1	$\square 2$	3	1	$\square 2$	3	
5. 10) om filament (r	umber of applica	ations detect	ed out of 10 appli	cations).		
5. 10	filimentright_			filimentle	,		
	Present (≥ 8)		`) Present (\geq	(1-7) Reduced $(1-7)$) Absent(0)	
	\Box_1	$\square 2$	3		\Box_2		

*Vibration is <u>Present</u> if the examiner feels vibration on his finger joint for 10 seconds or less after the patient reports vibration at toe has stopped. Vibration is <u>Reduced</u> if examiner feels vibration for more than 10 seconds after patient reports vibration at toe has stopped. Vibration is <u>Absent</u> if patient does not perceive any vibration from the tuning fork.

FOR STUDY USE ONLY							
Date Completed compldat	Month	Day	Year	Completed by complby			
Date Reviewed revwdate	Month	Day	Year	Reviewer Code revwby			
Date Entered enterdat	Month	Day	Year	Data Entry Code enterby			