



# **Patient Version**

# MICHIGAN NEUROPATHY SCREENING INSTRUMENT and 10-gram Filament Exam

### **A.** Neuropathic History (To be completed by the person with diabetes)

Please take a few minutes to answer the following questions about the feeling in your legs and feet. Check yes or no based on how you usually feel. Thank you.

| numb_scrn 1.                 | Are your legs and/or feet numb?                                  | 1 🗖 No | 2 Ves  |
|------------------------------|--|--------|--------|
| burning_scrn 2.              | Do you ever have any burning pain in your legs and/or feet?      | 1 🗆 No | 2 Ves  |
| sensitive_scrn3_             | Are your feet too sensitive to touch?                            | 1 🗆 No | 2 Ves  |
| cramps_scrn 4.               | Do you get muscle cramps in your legs and/or feet?               | 1 🗆 No | 2 Ves  |
| prickling_scrn5.             | Do you ever have any prickling feelings in your legs or feet?    | 1 🗆 No | 2 Ves  |
| bedcovers_scrn6.             | Does it hurt when the bed covers touch your skin?                | 1 🗆 No | 2 Ves  |
| hotcold_scrn 7.              | When you get into the tub or shower, are you able to tell the    |        |        |
|                              | hot water from the cold water?                                   | 1 🗆 No | 2 Ves  |
| opensore_scrn 8.             | Have you ever had an open sore on your foot?                     | 1 🗆 No | 2 Ves  |
| 9.<br>tolddiabetic_scrn      | Has your doctor ever told you that you have diabetic neuropathy? | 1 🗆 No | 2 Ves  |
| 10.                          | Do you feel weak all over most of the time? feelweak_scrn        | 1 🗆 No | 2 Ves  |
| 11.                          | Are your symptoms worse at night? worsenight_scrn                | 1 🗆 No | 2 Ves  |
| hurtwalk_scrn <sub>2</sub> . | Do your legs hurt when you walk?                                 | 1 🗆 No | 2 Ves  |
| 13.                          | Are you able to sense your feet when you walk? sensewalk_scrn    | 1 🗆 No | 2□ Yes |
| drycrack_scrn 14.            | Is the skin on your feet so dry that it cracks open?             | 1 🗆 No | 2□ Yes |
| 15.                          | Have you ever had an amputation? amputation_scrn                 | 1 🗆 No | 2 Ves  |

Public reporting burden of this collection of information is estimated to average 10 minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-0904).

## **NEUROPATHY SCREENING INSTRUMENT**

#### **B. Physical Assessment** (To be completed by the study personnel)

| 1.                  | Appearance         | of Feet                         |                     |                            |                           |                      |          |
|---------------------|--------------------|---------------------------------|---------------------|----------------------------|---------------------------|----------------------|----------|
| appearan            | ceright_SCRN       | <b>Right</b> Foot               |                     |                            | L                         | eft Foot appearancel | eft_SCRN |
|                     | a. Normal          | $1 \square \text{No} 2 \square$ | Yes                 |                            | Normal 1                  | □ No 2□ Yes          |          |
|                     | b. If no, che      | eck all that apply:             |                     |                            | If no, check all the      | nat apply:           |          |
|                     |                    |                                 |                     |                            |                           |                      |          |
| deformitiesright_SC | RNDeformities      | Ľ                               | ] <sub>1</sub> d    | eformitiesleft_SCRN        |                           | $\Box_1$             |          |
| callusright_SCRN    | Dry skin, cal      | lus 🛛                           | ] 1                 |                            | Dry skin, callus          | $\Box_1$             |          |
| infectionright_SCR  | N Infection        | Ľ                               | 1                   | infectionleft_SCRN         | Infection                 |                      |          |
| fissureright_SCRN   | Fissure            | C                               | ] 1                 | fissureleft_SCRN           |                           | $\Box_1$             |          |
| appearotherright_SC | CRNOther           | C                               |                     | ppearotherleft_SCRN        |                           |                      |          |
|                     | specify:           |                                 | appear              | cotherleftspec_SCRN        | specify:                  |                      |          |
| appearotherrightspe | ec_SCRN            |                                 |                     |                            |                           |                      |          |
| Right Foot          |                    |                                 | Left Foot           |                            |                           |                      |          |
| 2. U                | lceration          | A.1 (                           | D (                 |                            | A 1                       |                      |          |
| ulce                | rright_SCRN        | Absent $\Box_1$                 | Present $\square_2$ | ulcerleft_SCRN             | Absent $\Box_1$           | Present $\square 2$  |          |
|                     |                    | f                               | ilimentleft_S0      | CRN                        |                           |                      |          |
|                     | nkle Reflexes      |                                 |                     |                            |                           |                      |          |
| reflexright_SCR     | N<br>Present       | Present/<br>Reinforcement       | Absent              | reflexleft_SCRN<br>Present | Present/<br>Reinforcement | Absent               |          |
|                     | $\square_1$        | $\square_2$                     | $\square_3$         | $\square_1$                | $\square_2$               | $\square_3$          |          |
|                     |                    | <b>—</b> -                      |                     | <u> </u>                   | <b>—</b> 2                |                      |          |
| 4 17                | ihanti na annant   | ion of the support to           | *                   |                            |                           |                      |          |
|                     | erceptionright_S   | ion at the great to             | je.                 | perception                 | nleft_SCRN                |                      |          |
| P                   | Present            | Reduced                         | Absent              | Present                    | Reduced                   | Absent               |          |
|                     | $\Box$ 1           | $\square 2$                     | 3                   | 1                          | $\square 2$               | 3                    |          |
| 5. 10               | ) om filament (r   | umber of applica                | ations detect       | ed out of 10 appli         | cations).                 |                      |          |
| 5. 10               | filimentright_     |                                 |                     | filimentle                 | ,                         |                      |          |
|                     | Present $(\geq 8)$ |                                 | `                   | ) Present ( $\geq$         | (1-7) Reduced $(1-7)$     | ) Absent( 0)         |          |
|                     | $\Box_1$           | $\square 2$                     | 3                   |                            | $\Box_2$                  |                      |          |
|                     |                    |                                 |                     |                            |                           |                      |          |

\*Vibration is <u>Present</u> if the examiner feels vibration on his finger joint for 10 seconds or less after the patient reports vibration at toe has stopped. Vibration is <u>Reduced</u> if examiner feels vibration for more than 10 seconds after patient reports vibration at toe has stopped. Vibration is <u>Absent</u> if patient does not perceive any vibration from the tuning fork.

| FOR STUDY USE ONLY            |       |     |      |                               |  |  |  |
|-------------------------------|-------|-----|------|-------------------------------|--|--|--|
| Date<br>Completed<br>compldat | Month | Day | Year | Completed<br>by<br>complby    |  |  |  |
| Date<br>Reviewed<br>revwdate  | Month | Day | Year | Reviewer<br>Code<br>revwby    |  |  |  |
| Date<br>Entered<br>enterdat   | Month | Day | Year | Data Entry<br>Code<br>enterby |  |  |  |